

# Off-Season Indoor Pitchers and Catchers Clinics: Sign-Up Today!



- Clinics offered for 9u-10u, 11u-12u, 13u-15u, \$200 includes 5 event dates in Nov – Dec 2025. Additional Series Jan – March 2026 possible once space confirmed.
- Clinic series kicks off weekend of November 7th in small group sessions with Justin Orenduff, First Round pick of the Los Angeles Dodgers in 2004, pitcher for Team U.S.A. in 2003
- Motion capture, biomechanical assessment provided by DVS Baseball to improve mechanical efficiency, reduce risk of injury, and to help develop successful and durable pitchers
- Professional instruction, supported by NSELL volunteers
- Email Dan Bogard, NSELL volunteer for additional information (warren\_bogard@yahoo.com)

